

CYCLING SPORTS INFORMATION GUIDE

1. Competition Dates

Cycling competitions for Open Masters Games Como 2027 (CoOMG27) offers individual events for men and women.

The provisional Cycling competitions schedule for CoOMG27 is as follows and could be subject to change according to the requirements of the Organizing Committee and may be modified according to the total number of entries.

17 Sept 2027	18 Sept 2027	19 Sept 2027
Friday	Saturday	Sunday
<i> criterium</i>	<i> Time Trial</i>	<i> Road Race</i>
16h00 – 21h00	09h00 – 17h00	09h00 – 17h00

The Welcome Ceremony is scheduled for the afternoon of Saturday 18 September 2027 with the Farewell Ceremony on the evening of Sunday 26 September 2027.

All dates and times are subject to change, pending final entries received. A detailed schedule for each age category will be developed throughout 2026 and early 2027.

1.1 Organizing Committee

CoOMG27	SPORT FEDERATION	SPORT ASSOCIATION
Sport Management Bernardino Chiavola	Federazione Ciclistica Italiana CR FCI Lombardia Stefano Pedrinazzi	Società Ciclistica Alfredo Binda Sport Director TBD

1.2 Age categories

The age categories for Cycling are as follows:

- **Individual Men:**

M1: 30-34, M2: 35-39, M3: 40-44, M4: 45-49, M5: 50-54, M6: 55-59, M7: 60-64, M8: 65-69, M9: 70-74, M10: 75-79, M11: 80-84, M12: 85-89, M13: 90-94, M14: 95+

- **Individual Women:**

W1: 30-34, W2: 35-39, W3: 40-44, W4: 45-49, W5: 50-54, W6: 55-59, W7: 60-64, W8: 65-69, W9: 70-74, W10: 75-79, W11: 80-84, W12: 85+

The age is determined as of 31 December 2027. In line with the sport-specific rules, an athlete must compete in their correct age group

2. Competition Format

The CoOMG27 competition is opened to athletes of ages 30 years and above to compete in three disciplines of cycling: -

Time trial - Road race - Criterium

Individual Men		Individual Women	
Category	Age Category	Category	Age Category
M1	30 - 34	W1	30 – 34
M2	35 - 39	W2	35 – 39
M3	40 - 44	W3	40 – 44
M4	45 - 49	W4	45 – 49
M5	50 - 54	W5	50 – 54
M6	55 - 59	W6	55 – 59
M7	60 - 64	W7	60 – 64
M8	65 - 69	W8	65 – 69
M9	70 - 74	W9	70 – 74
M10	75 - 79	W10	75 – 79
M11	80 - 84	W11	80 – 84
M12	85 - 89	W12	85 +
M13	90 - 94		
M14	95 +		

All registered athletes in the cycling competition are permitted to compete in all disciplines in accordance with their eligible categories of age limits categorized as follows:

If there are insufficient entries in an age group, categories may be combined to conduct a viable competition. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category in which they had originally entered.

Each cycling participant in CoOMG27 can register up to a maximum of 3 sport events and 5 sport disciplines.

2.1. Eligibility & Exclusions

Individual entries will be accepted from any eligible athlete within the Masters age categories with the following specific exceptions:

- An athlete who has competed in cycling competitions within World Championships, Olympic Games, Continental Games, Continental Championships, Commonwealth Games or World Cups in the previous season and the current year (except for the races that are open to Masters only).
- An athlete who has competed in any other event on the UCI International Calendar in the current year/season (except events open only to Masters).
- An athlete that was a member of a UCI registered team in the previous season and/or the current year.
- An athlete that is under suspension or sanction from the UCI or any National Federation affiliated to the UCI.

3. Races

To enable each athlete the opportunity to compete in multiple events, the proposed three cycling disciplines will be held on separate days of the Games.

Both the road events (mass start and criterium) will be conducted on controlled public roads. All riders are strictly to be aware and always adhere to Italian traffic rules when conducting their training.

In addition to the rules and regulations, there are certain time limits, with the participant who exceeds the time limits withdrawn from the event for safety reasons.

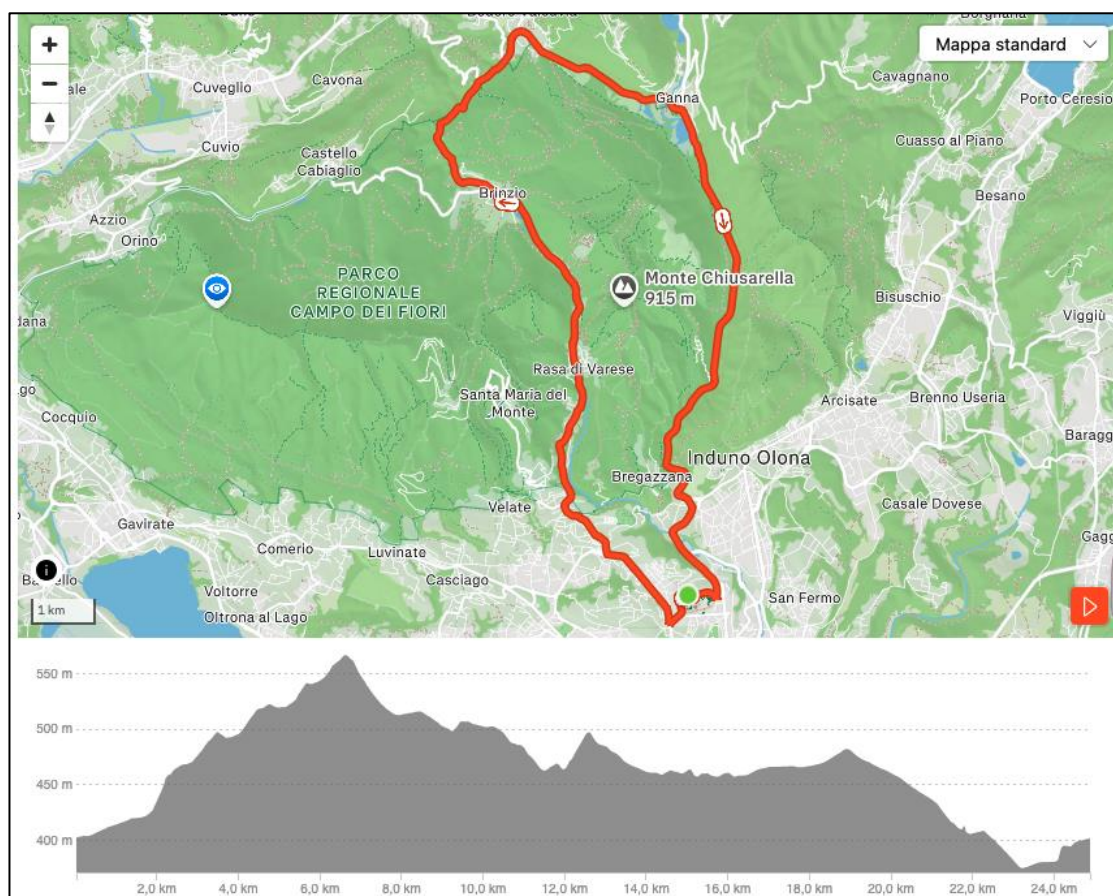
3.1. Road race - Mass start

The road race is an individual mass-start event set in the beautiful surroundings of Varese, with the start and finish line located at Largo Martiri della Libertà (Hippodrome), Varese.

The classification shall be determined according to the order of crossing the finishing line per UCI article 2.3.037. The classification will determine the winners and placing.

Distance / Lap/ Age Categories			
Distances	Men	Lap	Women
100 Km	M1 - M4	4	No contest
74,73 Km	M5 - M8	3	W1 - W2
49,82 Km	M9 - M14	2	W3 - W12

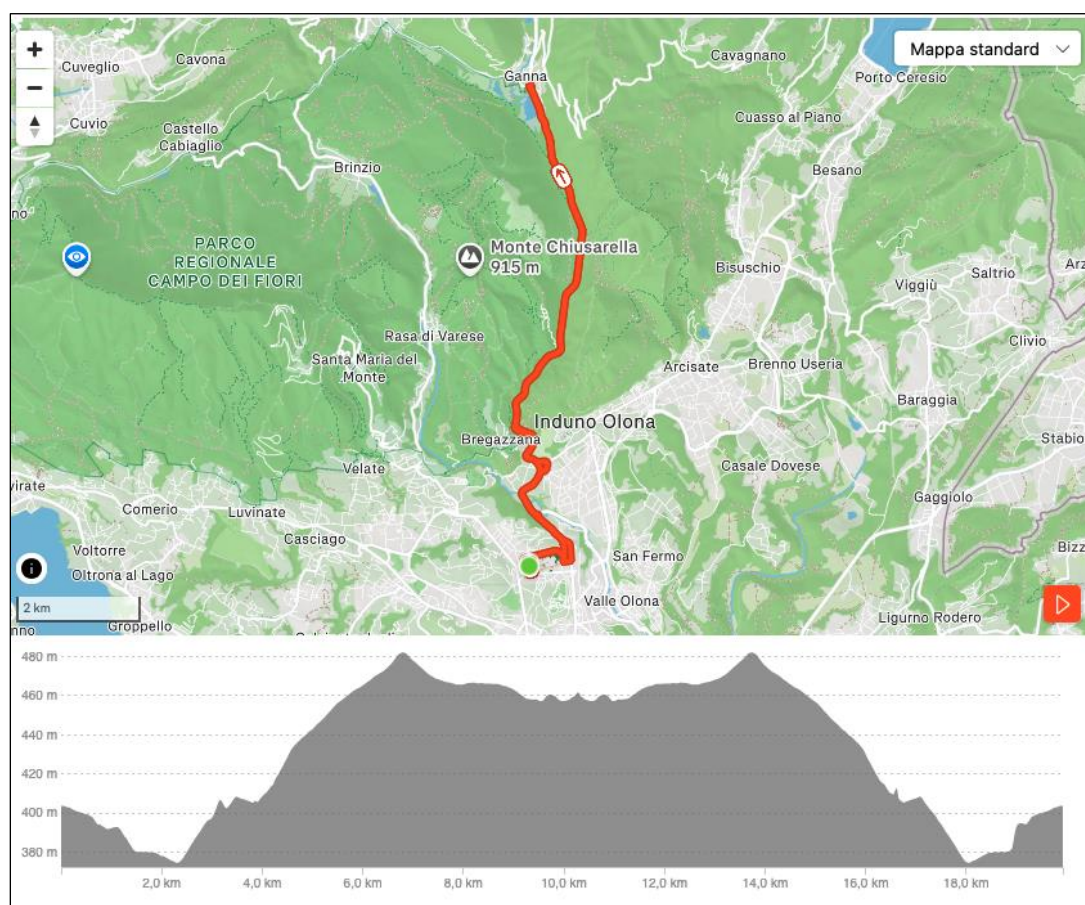
The course is a circuit of 24.91 km long and must be completed multiple times depending on the age categories. The total elevation gain per lap is 299 mt



3.2 Time Trial

The individual time trial takes place over 19.94 km, with a total elevation gain of 184 mt. For certain age categories, the course will be shortened. The Time Trial will start and finish at Largo Martiri della Libertà (Hippodrome), Varese. The Time Trial for the older age categories will start in Ganna, at the turnaround point of the longer time trial course.

Distance – Age Categories		
Distance	Men	Women
19,94 km	M1 - M4	W1 - W2
19,94 Km	M5 – M7	W5 – W7
10,00 Km	M8 - M14	W8 - W12



3.3. Road - Criterium

The Criterium race will take place on a spectacular circuit that winds around the historic Estensi Gardens in Varese, to be completed over multiple laps. The circuit is over the distance of 1,46 Km, the total elevation gain per lap is 22mt. The Criterium will start and finish at Varese Town Hall, Via Sacco 5, Varese.

The number of laps will vary according to the age categories. The classification per UCI article 2.7.023 is as follows:

- the winner shall be the rider who covered the greatest number of laps.

- in case of a tie on laps, the number of points won shall decide the winner.
- in case of a tie on laps and points, the number of wins during the intermediate sprints shall be the deciding factor.
- if the riders are still tied, the place during the final sprint shall be the decider.

Any riders that are lapped can be withdrawn from continuing the race.

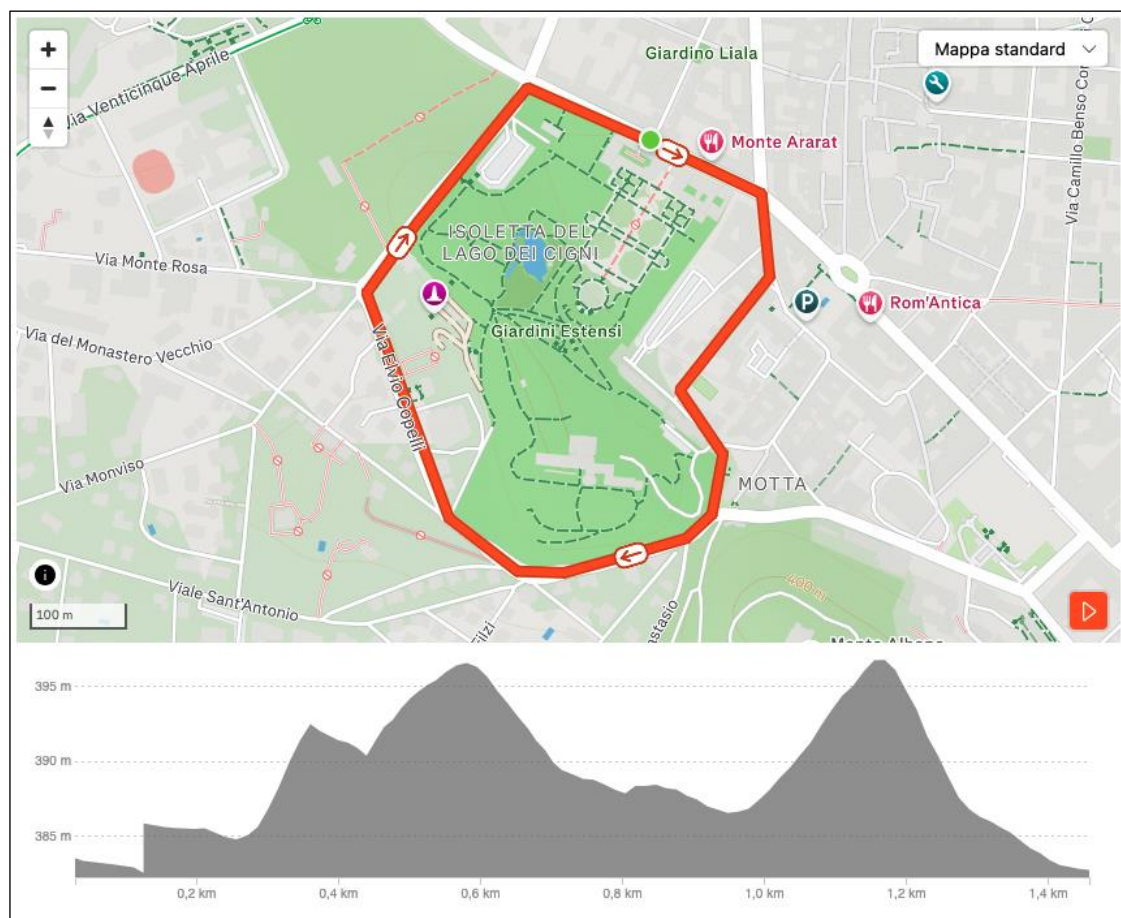
Distances/ Sprints /Age categories		
Distances / Laps / Sprints	Men	Women
35,04 Km (24 Laps x 8 Sprints)	M1 - M4	No contest
30,66 Km (21 Laps x 7 Sprints)	M5 - M8	W1- W2
27,0 Km (18 Laps x 6 Sprints)	M9 - M14	W3 - W12

At specific laps during the race, intermediate sprints are contested, where points are awarded to the first riders crossing the finish line. On the final lap (known as the bell lap, signalled by the ringing of a bell), the final sprint takes place.

In the intermediate sprints, points are awarded as follows, for example:

- 1st place → 5 points
- 2nd place → 3 points
- 3rd place → 2 points
- 4th place → 1 point

4.



Venue Details

4.1. Road race – Time trial – Criterium

The cycling competitions will take place in the beautiful city of Varese and its surrounding areas, offering athletes a challenging and scenic race experience. The courses have been designed to showcase the region's unique landscapes while providing technically demanding routes for all competitors.

5. Competition Details

5.1. Competition Standard Rules and Regulations

The basic premise is that the cycling events will be held under the UCI and Italian National Cycling Federation (FCI) rules and regulations but some technical rules, particularly on equipment, will be applied with a practical application.

In all cases, the spirit of the rule shall be applicable if the technical wording is unclear. The main rules are detailed below along with any clarifications – it is one's responsibility to check the full UCI rules, which can be found at www.uci.ch/inside-uci/rules-and-regulations/regulations/.

Unless clarified differently herewith, the full UCI rules and regulations will apply.

6. UCI Rules and Regulations - General Organisation of Cycling as a Sport

1.1.002 > As for non-Italian resident competitors required a minimum of a *national level license* from their national federation. They are also required to ensure that they have appropriate liability and medical insurance that cover training and racing while in Italy.

1.3.006 > The bicycle is a vehicle with two wheels of equal diameter. The front wheel shall be steerable; the rear wheel shall be driven through a system comprising pedals and a chain.

1.3.007 > Bicycles and their accessories shall be of a type that is sold for use by anyone practicing cycling as a sport.

1.3.008 > The rider shall normally assume a sitting position on the bicycle. This position requires that the only points of support are the following: the feet on the pedals, the hands on the handlebars and the seat on the saddle.

1.3.009 > The bicycle should have handlebars which allow it to be ridden and manoeuvred in any circumstances and in complete safety.

1.3.010 > The bicycle shall be propelled solely, through a chainset, by the legs (inferior muscular chain) moving in a circular movement, without electric or other assistance.

1.3.020 > The frame of the bicycle shall be of a traditional pattern, i.e. built around a main triangle. It shall be constructed of straight or tapered tubular elements (which may be round, oval, flattened, teardrop shaped or otherwise in cross-section) such that the form of each element except the chain stays and the seat stays encloses a straight line

7. Equipment – Performance Enhancements

1.3.023 > Aerobars/bar extensions shall be allowed only for Time Trial competitions

1.3.024 > No fairings permitted - any device, added or blended into the structure, that is destined to decrease, or which has the effect of decreasing, resistance to air penetration or artificially to accelerate propulsion, such as a protective screen, fuselage form fairing or the like, shall be prohibited

8. Waver

8.1. All geometric measurements on bike must still adhere to the general principles of “man over machine” and comprising of a frame of traditional pattern as outlined above.

8.2. Restrictions regarding water bottles and bottle cages shall apply in accordance with the current UCI regulations.

8.3. Bicycle weight must comply with current UCI regulations.

9. Equipment – Safety

The following are not allowed:

9.1. Tribars or any other handlebar extension in the Criterium and Road Race

9.2. In all Road Races, any other type of handlebars other than standard drop down road bars (i.e. no MTB handlebars)

9.3. In all Road Races, Camelbak or similar drink systems carried on the body

9.4. Glass bottles

9.5. GoPro or other cameras mounted on bicycles or helmets

9.6 For mass start competitions, only traditional wheels are permitted. A traditional wheel is defined as a wheel with at least 16 metal spokes. The spokes may be round, flat or oval, provided that no dimension of their cross section exceeds 2.4 mm.” exceeds 2.4 mm; the section of the rim must not exceed 2.5 cm on each side). The only exception will be for wheel designs granted prior approval by the UCI, as per list of approved wheels.

10. Bikes Must Have

- Conventional triangular style frame
- Two independently operated brakes, one for each wheel
- Freewheel hub (i.e. NO fixed wheels in any Road events)
- Plugged handlebars

11. Permitted

Disc brakes – Both Road, Time Trial and Criterium.

For any situation not covered by this summary of rules, the Commissaries Panel shall apply the relevant UCI or MNCF Regulations.

12. Racing rules

All racing rules shall be implemented in the interest of safety and fairness.

Drafting is permitted in Road Race and Criterium events.

Drafting is not permitted in Individual Time Trial events. UCI Time Trial anti-drafting rules will apply.

13. Sports Attire

- No restrictions on clothing other than UCI World Champions jerseys are not permitted
- National jerseys may be worn
- Must always have race numbers visible
- Must wear a Recognised Safety Standards Approved helmet that always meets UCI Regulations when riding - training, warm up and competing

- The helmet may not be modified in any way and the straps, fastenings, inner and outer shell must always be undamaged and in good condition.

14. Timing

- The timing will be verified using a personal chip that will be provided by the organiser.
- The chip will be delivered in the starting area before each competition.
- The chip should be placed on the front fork.
- At the end of each competition, the chip must be returned and properly stored near the arrival area.

15. Discipline & Procedures

The UCI rules will be retained.

16. Athlete Experience and Safety

The nature of competing in a Cycling event involves some element of risk. The level of capability and experience of each athlete in a competitive race environment contributes to the success of the event. To maximize the safety of all participants, it is recommended that each athlete has participated in an organized Cycling event in a competitive environment prior to competing at CoOMG27. If the CoOMG27 Cycling Organizing Committee believe an athlete presents a danger to themselves or other riders/officials/spectators, they may be withdrawn from the event at any time prior to or during competition.

17. Cycling License

UCI rules and regulations stipulate that all athletes need to have a license in order to compete in an international Cycling competition that is organized or supervised by the UCI, UCI Continental confederation, UCI member federations (MNCF). To compete in any events in the Cycling competition at the Games, each athlete must hold a license issued by their national federation. The medical examinations required (ex D.M. 18 February 1982) to obtain a medical certificate of fitness for competitive sports are:

- medical check-up;
- regular urine test;
- electrocardiogram both at rest and under effort.
- spirometry (breathing test).

For any further information please visit our website (Registration & Terms and Condition).

18. Doping Control

During the Open Masters Games Como Lake 2027 anti-doping controls will be carried out according to the principles and rules established by WADA (World Anti-Doping Agency).

19. Hours of Competition

All cycling events will be conducted during daylight hours and both disciplines' races commencing no earlier than 0700 hours.

20. Bike Transport

CoOMG27 recognizes the requirement to assist with bike transportation for scheduled cycling disciplines and events.

More information will be provided in future editions of the Cycling Sports Information Guide regarding bike transport options for the cycling events.

21. Equipment

It is the responsibility of each individual athlete to bring their own bikes suitable for the event they are competing in i.e. a road bike for road events, road bike for time trial event, helmets, shoes, accessories (including water bottles and strapping tape) and training gear. Each athlete is also recommended to bring with them necessary basic tools and spare items (i.e. tubes).

CoOMG27 is exploring the potential provision of services relating to bike hire, supplies and maintenance. More information will be included in future editions of the Cycling Sports Information Guide when available.

22. Training and Practice Facilities

Outside of the day of each event, road routes for mass start, time trial and criterium are public roads and can be accessed by athletes. For the safety of both athletes and other road users, it is recommended that any cycling on these courses prior to competition is for familiarization only and no racing or high-speed training is undertaken.

23. Cycling Technical Manual

Final information including pre- race information, race routes and special instructions, will be issued one month before the date of CoOMG27 cycling competition.

24. Medals

In CoOMG27, the athletes do not represent their country of origin, therefore the prize-awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played. The medals will be provided by the Organizing Committee.

25. Accommodation

Participants are free to select own accommodation according to own preference. To assist participants, an accommodation booking section offering special room rates for the Games is made available on the official website www.mastersgamescomolake2027.it

26. Further Information

Planning for the CoOMG27 Cycling competition will continue throughout 2026 and early 2027. Additional sport specific operational information will be communicated to registered participants and updated in future additions of this Sports Information Guide.

All participants are encouraged to monitor the CoOMG27 website at www.mastersgamescomolake2027.it and other Games communication channels to find out all of the latest information.

If you have any further sport specific questions, please send an email to infog@omgcomo27.it